

Rehab Kawartha Lakes

Rehab Kawartha Lakes - EECP therapy is a fairly new outpatient treatment utilized for angina and heart failure. Sufferers of heart ailments may find the simple daily activities rather difficult. Activities like getting the mail or walking the dog may present certain difficulties. If you or someone you know suffers from heart failure or angina, the non-invasive treatment known as EECP therapy can prove useful. Statistics show that about 80% of individuals who complete the 35 hour course of EECP therapy report significant symptom relief that may last as long as 3 years.

EECP therapy has shown to be a helpful treatment for angina and heart failure. Usually, treatments are given for an hour a day, 5 days a week for a total of 35 hours. A treatment session includes lying on a comfortable treatment table using big blood pressure like cuffs wrapped around your buttocks and your legs. At particular times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it usually receives its supply of blood and oxygen. The cuffs then deflate at the end of that rest period, just before the next heartbeat. The individual has on a special sensor on their finger to check the blood's levels of oxygen. The sensor likewise monitors the pressure waves created by the cuff inflations and deflations.